



**FEBRUARY**

# THE CHRONICLE

A MONTHLY PUBLICATION OF THE COSTA MESA SENIOR CENTER • VOLUME XXVI NO. II



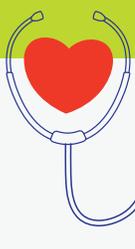
**DISCO  
PARTY**

**TUESDAY, FEBRUARY 14**

5-7 P.M. | \$10 | See page 3 for details.



**WEDNESDAY, MARCH 15, 2017 | 10 A.M.-1 P.M.**



SEE PAGE 13 FOR DETAILS.

**KNOWLEDGE & HEALTH FAIR EXPO**



**(714) 327-7550**

**COSTA MESA SENIOR CENTER**  
695 W. 19TH STREET  
COSTA MESA, CA 92627

**CLOSURE DATE: MONDAY, FEBRUARY 20 IN OBSERVANCE OF PRESIDENT'S DAY**

# St. Patrick's Day Luncheon

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Lots o' luck will come your way if you join us in celebrating St. Patrick's Day! This one of a kind event includes entertainment, lunch, and fun for everyone! Registration/cancellation deadline is **Friday, March 10.**

**17** **MARCH**  
**FRIDAY**  
11A.M.-1P.M.

## **SUGGESTED SENIORSERV DONATION**

60 and older | \$3 per person

Under age 60 | \$5 per person



## Are You Connected?

For the most up to date Chronicle information, please visit our webpage at [www.costamesaca.gov/seniorcenter](http://www.costamesaca.gov/seniorcenter)

Wi-Fi is now available! To login, use password: **!@cmssc99**

### Get Involved—What's Your Interest?

Interested in joining a walking group, weight support group, or Wii Bowling league? We are compiling an interest list to continue fun and innovative programming at the center. Please contact Alizabeth Awrey at (714) 327-7542 if interested.

### Sunroom and Billiards Table

Enjoy a cup of coffee, card game with friends, or conversation in our beautiful sunroom. Or if you prefer, practice your stance and shot in a game of pool.

### Emergency File of Life

Don't let an accident catch you unprepared! The Costa Mesa Senior Center has partnered with the Fire Department and will issue a "File of Life" to seniors who sign up and request one at the front desk. The File of Life is for you to have in a visible location in case of an emergency, so that your family, friends, or first responders will have immediate access to important information about your health. While you can't always avoid an accident, you can take steps to be as prepared as possible.

### Senior Softball

**Age: Men 54+ | Women 45+**

Come and meet new friends while playing softball. Practices are open to the public. Batting practices are at TeWinkle Park softball field each Monday and Saturday from 9-11:30 a.m. Please contact John Wright for more details at (949) 646-3516.



### Kerry Frank Photography

Kerry Frank began taking photographs in 1980, with an Olympus film camera. He enjoyed capturing candid shots of family and landscape photos but he eventually stopped taking photos. When the digital format became popular, he purchased a point and shoot digital camera and his love of photography was re-born. He steadily acquired better equipment and began attending photography classes to improve his skills. He enjoys capturing nature at her best, during sunrise and sunset. His plans for the future are to continue his photographic education and improve his printing skills in both color and black and white. Every print on display at the senior center is produced using an Epson printer! Visit the staircase to view Kerry Frank's display.

### Super Bowl LI Pool Party!

Come and join us for a post Super Bowl celebration! Each year, we eagerly watch throughout the football season in anticipation to see if our team will be a contender for the title. Even if you're not an avid football fan or have a team in the race, don't miss an opportunity to win prizes – you may find you like the sport more than you think! We encourage you to come out and enjoy the fun and festivities. You never know what you may be able stake your claim on! Register at the front desk.

DATE	TIME	THEME
Mon., 2/6	11:30 a.m.*	Post Party

### Valentine's Disco Party

**Tuesday, February 14 | 5-7 p.m. \* | \$10**

Put on your boogie shoes and hustle on down to the Senior Center to celebrate Valentine's Day disco style. Wear your disco threads and bring your dancing feet! Dinner, dessert, and entertainment will be provided. *Registration/cancellation deadline is Tuesday, February 7.* Register at the front desk.

*\*Time amended from previous issue.*

### Membership Social

**Saturday, April 8 | 12-3 p.m. \* | FREE**

Join us for a special open house for seniors and get to know our Costa Mesa Senior Center. This special event is an invitation for new members and current members to learn about the various activities at the center and get a chance to meet new people. A game of "Family Feud", icebreakers, and food will be available to encourage engagement and make a new friend. *Registration/cancellation deadline is Friday, March 31.* Register at the front desk.

*Interested in being a "Family Feud" contestant at the Membership Social? Teams of three or more are needed. For more information, or to register to be a contestant, please call Alizabeth Awrey by Friday, March 24 at (714) 327-7542.*

*\*Time amended from previous issue.*

### Community Run

Interested in getting involved in the Community Run on Saturday, April 22? We are looking to have a group of adults, ages 50 and older to represent the Costa Mesa Senior Center. Register at the front desk by Monday, April 3. Your entry fee will only be \$5 as long as you commit to representing the Senior Center.

### Membership Renewal

As stated in the January issue of the Chronicle the senior center is now accepting applications for the 2017 Costa Mesa Senior Center Membership! In order to continue to receive your newsletter and participate in activities you will need to turn in the membership renewal form. Don't wait and get it in today!

## Community Classes

### Discover Fairview Park In The Classroom

FREE | 1 DAY | ALL AGES | MIN 5/MAX 100 | CMSC

Want to learn more about Fairview Park during the winter? In this classroom setting you can join the members of the Institute of Conservation, Research and Education (ICRE) in an educational and nature-based workshop. The lesson objectives will focus on the aspects of seasonal changes that happen in the winter in regards to nature and human interrelationships, plants & wildlife, ecological relationships, human impact, and more. The workshop welcomes all generations: youth, adults, seniors, gardeners, nature-lovers, and the general public. Register online or at the front desk.

8998 2/1 W 9-11 a.m.

## Gardening

The Costa Mesa Senior Center has started a gardening program at the Hamilton Community Garden. If you are interested in being a part of this program, come with us on our trips! Contact Enyelber Franco, Recreation Specialist at (714) 327-7543 for more detailed information.

It is recommended that you bring/wear the following items: Water, sunscreen, closed-toed shoes, and comfortable clothing.

### Community Garden Trips

Tuesdays\* | 10:30 - 11:30 a.m.

Transportation will be provided from the center to the garden. Register at the front desk. \*Trips may be canceled due to weather condition.



**A message from the Senior Advisory Committee**

Have you turned in your 2017 Membership Renewal Form? Don't miss out on receiving the monthly issue of the *Chronicle* — turn in your form today!

Next meeting will be held at the Senior Center on Monday, February 6 at 12:30 p.m.

**Mission:** "To facilitate communication between the senior center membership body and the City of Costa Mesa Recreation Department staff in order to fulfill the needs and aspirations of both."

**Vision:** "To see our senior center staff and Senior Advisory Committee work as a single unit to create a vibrant, healthful, and interesting place for the seniors of Costa Mesa to improve and enjoy their life."

### Valentine Cards For Veterans

Wednesday, February 8 | 9-10:30 a.m.

Join Senior Center volunteers in making Valentine cards for Camp Pendleton Veterans. Supplies will be provided. Register at the front desk.

### Valentine Sweets: Cookie Social

Provided by: AGA Medicare Options

Wednesday, February 15 | 1-2 p.m.

Gather with AGA Medicare Options after lunch to enjoy valentine cookies! Space is limited so register at the front desk early.

## Community Trips

### Mesa Water District Tour

Thursday, February 9, 2017

8:45 a.m. | Free

Register at the Front Desk

Join the tour of the Mesa Water District, where you will get to learn about the treatment process and the Mesa Water Districts water-wise garden. Space is limited, so be sure to sign up early!

### New | Vanguard Musical Theatre Into The Woods

Thursday, April 13, 2017 | \$15

Transportation provided

(Costa Mesa residents only)

Pick-up time from home: 6-7 p.m.\*

Drop off: 10 - 11 p.m.\*

Limited number of tickets available

Registration/cancellation deadline:

Thursday, March 30

*Into the Woods* is a musical based on the book by James Lapine with music and lyrics by Stephen Sondheim. The musical intertwines the plots of several Brothers Grimm and Charles Perrault fairy tales, exploring the consequences of the characters' wishes and quests. The main characters are taken from "Little Red Riding Hood", "Jack and the Beanstalk", "Rapunzel", and "Cinderella", as well as several others. Register at the front desk.

\*Pick-up time from home will be assigned by Monday, April 10. Driver will notify you by telephone what your pick-up time will be.

For information regarding community trips, please call Briana Delfin at (714) 327-7547.