

MAUI BOWLS

SERVES 6 - Firefighter Portions!

INGREDIENTS

- 2 cans of the Cuban style beans
- 1 tub of Pico de Gallo
- 1 jar mango salsa
- 2 packages of Bool Kogi (best BBQ'd). Can substitute chicken or tofu if you prefer.
- 2 boxes of the 3-minute brown rice (prepared)
- Teriyaki sauce to taste

DIRECTIONS

Combine all the prepared items together and serve. Ready in 15-20 minutes!



**CITY OF COSTA MESA
FIRE & RESCUE**
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